

Miriam M. Yudkoff, M.D.
Janice L. Bird, M.D.
Nicolle R. Bougas, D.O.
Jackie Nichols, M.D.
Mary E. Ford, C.R.N.P.
Sophie Thibodeau, C.R.N.P.



2003 Medical Parkway
Wayson Pavilion, Suite 250
Annapolis, MD 21401

PHONE: 410.224.2228
FAX: 410.224.4016

SIGNS SYMPTOMS OF PRE-TERM LABOR

For our obstetrical patients 20-35 weeks gestation.

Please call us immediately if any of the following occur:

1. Abdominal, back, or upper thigh cramping, tightening pressure or "balling up" that lasts more than 30 seconds to 2 minutes and recurs several times in an hour, might be a contraction.

If this sensation occurs 4 or more times in an hour, lie down, drink 16 ounces of fluid and continue to time the "contractions". If 4 or more contractions continue in the 2nd hour, call our office and speak to the "Doctor On Call".

2. Constant cramping or pressure with large amounts of thin mucousy or watery discharge.

Annapolis Office: (410) 224-2228

AFTER OFFICE HOURS: (410) 224-7072

IMPORTANT: As all answering services are occasionally overburdened, if your call is not returned within 20 minutes, please call again.