

Miriam M. Yudkoff, M.D.
 Janice L. Bird, M.D.
 Nicolle R. Bougas, D.O.
 Denise Carnegie, D.O.
 Jackie Nichols, M.D.
 Mary E. Ford, C.R.N.P.
 Sophie Thibodeau, C.R.N.P.



2003 Medical Parkway
 Wayson Pavilion, Suite 250
 Annapolis, MD 21401

PHONE: 410.224.2228
 FAX: 410.224.4016

PREGNANCY MEDICATION LIST

It is recommended that you take NO MEDICATION during your first trimester unless medically indicated. This list is provided as a courtesy to our patients for safety considerations when taking medication while pregnant. As always, we recommend consulting your medical care provider before taking any new medications while pregnant.

Medication Name	1st Trimester 0-13 Weeks	2nd Trimester 14-28 Weeks	3rd Trimester 29-40 Weeks
ANTACIDS / REFLUX / UPSET STOMACH			
Plain Maalox, Mylanta, Tums, Roloids	Yes	Yes	Yes
Pepto-Bismol (bismuth subsalicylate)	No	No	No
Pepcid (famotidine)	Yes	Yes	Yes
Zantac (ranitidine)	Yes	Yes	Yes
Tagamet (cimetidine)	Yes	Yes	Yes
Aciphex (rabeprazole) Rx	Yes	Yes	Yes
Nexium (lansoprazole) Rx	Yes	Yes	Yes
Prevacid (pantoprazole) Rx	Yes	Yes	Yes
Prilosec (omeprazole)	Yes	Yes	Yes
Protonix Rx (pantoprazole) Rx	Yes	Yes	Yes
ANTIBIOTICS (all Rx)			
Amoxicillin, ampicillin Rx	Yes	Yes	Yes
Augmentin (amoxicillin +clavulanate) Rx	Yes	Yes	Yes
Bactrim (trimethoprin/ sulfamethoxazole) Rx	No	No	No
Cipro (ciproflaxcin), Levofloxacin (Levaquin) Rx	No	No	No
Clindamycin Rx	Yes	Yes	Yes
Doxycycline Rx	No	No	No
Erythromycin Rx	Yes	Yes	Yes
Keflex (cephalexin) Rx	Yes	Yes	Yes
Macrobid, Macrochantin (nitrofurantoin) Rx	Approval With Doctor	Approval With Doctor	Approval With Doctor
Metronidazole Rx	Yes	Yes	Yes
Tetracycline Rx	No	No	No
Zithromax (azithromycin) Rx	Yes	Yes	Yes
ANTI-DEPRESSANTS			
Discuss with provider/ NO Paxil (paroxetine)	No	No	No
ANTI-DIARRHEALS			
Imodium capsules (loperamide)	Yes	Yes	Yes
Kaopectate (bismuth subsalicylate)	No	No	No

Miriam M. Yudkoff, M.D.
 Janice L. Bird, M.D.
 Nicolle R. Bougas, D.O.
 Denise Carnegie, D.O.
 Jackie Nichols, M.D.
 Mary E. Ford, C.R.N.P.
 Sophie Thibodeau, C.R.N.P.



2003 Medical Parkway
 Wayson Pavilion, Suite 250
 Annapolis, MD 21401

PHONE: 410.224.2228
 FAX: 410.224.4016

PREGNANCY MEDICATION LIST

Medication Name	1st Trimester 0-13 Weeks	2nd Trimester 14-28 Weeks	3rd Trimester 29-40 Weeks
ANTI-EMETICS			
Doxylamine (Unisome sleep tabs)	Yes	Yes	Yes
Kytril (granisetron) Rx	Yes	Yes	Yes
Phenergan (promethazine)Rx	Yes	Yes	Yes
Reglan (Metoclopramide) Rx	Yes	Yes	Yes
Zofran (ondansetron)Rx	Yes	Yes	Yes
ANTIFUNGALS			
Diflucan (fluconazole) Rx	Yes	Yes	Yes
Gynazole 1 (butoconazole) Rx	No	Yes	Yes
Gyne-lotrimin 3 or 7-day (clotrimazole)	No	Yes	Yes
Monistat 1-day (miconazole,ticonazole)	No	Yes	Yes
Monistat 3 or 7-day (miconazole)	No	Yes	Yes
ANTI-HISTAMINES / DECONGESTANTS / COUGH / COLD *			
Allegra (fexofenadine) Rx	Yes	Yes	Yes
Afrin nasal spray (oxymetazoline)	No	No	No
Benadryl (diphenhydramine)	Yes	Yes	Yes
Chlor-trimeton (chlorpheniramine)	Yes	Yes	Yes
Clarinet, Alavert (loratadine)	Yes	Yes	Yes
Cough Drops	Yes	Yes	Yes
Mucinex (guaifenesin)	Yes	Yes	Yes
Mucinex-D (guaifenesin+pseudoephedrine)	No	Yes	Yes
Phenylephrine	No	No	No
Rhinocort Aqua Rx	Yes	Yes	Yes
Robitussin Cough, Delsym (dextromethorphan)	Yes	Yes	Yes
Robitussin CF cough & cold (dextromethorphan + guaifenesin + phenylephrine)	No	No	No
Robitussin DM (dextromethorphan + guaifenesin)	Yes	Yes	Yes
Sudafed (pseudoephedrine)	No	Yes	Yes
Zicam	Yes	Yes	Yes
Zyrtec (cetirizine)	Yes	Yes	Yes
Robitussin DM (dextromethorphan + guaifenesin)	Yes	Yes	Yes
Sudafed (pseudoephedrine)	No	Yes	Yes
Zicam	Yes	Yes	Yes

Miriam M. Yudkoff, M.D.
 Janice L. Bird, M.D.
 Nicole R. Bougas, D.O.
 Denise Carnegie, D.O.
 Jackie Nichols, M.D.
 Mary E. Ford, C.R.N.P.
 Sophie Thibodeau, C.R.N.P.



2003 Medical Parkway
 Wayson Pavilion, Suite 250
 Annapolis, MD 21401

PHONE: 410.224.2228
 FAX: 410.224.4016

PREGNANCY MEDICATION LIST

Medication Name	1st Trimester 0-13 Weeks	2nd Trimester 14-28 Weeks	3rd Trimester 29-40 Weeks
ANTIVIRALS			
Famvir (famcyclovir) Rx	Yes	Yes	Yes
Valtrex (valcyclovir) Rx	Yes	Yes	Yes
Tamiflu Rx	Yes	Yes	Yes
Zovirax (acyclovir) Rx	Yes	Yes	Yes
LAXATIVES / STOOL SOFTENERS			
Citrucel (methylecellulose powder)	Yes	Yes	Yes
Colace (docusate sodium)	Yes	Yes	Yes
Dulcolax Tablets (bisacodyl)	Yes	Yes	Yes
Lactulose Rx	Yes	Yes	Yes
Milk of Magnesia	Yes	Yes	Yes
Miralax (PEG)	Yes	Yes	Yes
Senokat (senna)	Yes	Yes	Yes
PAIN / FEVER			
Aleve (naproxen sodium)	No	Yes	No
Aspirin (81 mg)	Low Dose ONLY if REC	If Prescribed By Doctor	If Prescribed By Doctor
Motrin, Advil (ibuprofen)	No	Yes	No
Tylenol (acetaminophen)	Yes	Yes	Yes
Tylenol with codeine Rx	Recommended Dose ONLY		
TOPICAL CREAMS / OINTMENTS			
Benadryl, hydrocortisone, caladryl	Yes	Yes	Yes
Retin A	No	No	No

*Any decongestants ending in PE contain phenylephrine should NOT be taken during pregnancy. Most decongestants ending in D contain pseudoephedrine.